

LANGUAGE OF YOG & AYURVED

CONTINUE YOUR JOURNEY DEEPER INTO THE WORLD OF YOGA AND AYURVEDA

with

Poonam Gupta, eRYT 500 and Ayurvedic Educator

SATURDAY, JUNE 19, 2010

10:00-1:00PM

\$35

(IF PRE-REGISTERED)

AT

KANYAKUMARI AYURVEDA &
YOGA WELLNESS CENTER

6789 N Green Bay Avenue
Glendale WI 53209

~ Class includes pronunciation,
chanting and some philosophy ~
Recommended for all students of yoga
& Ayurveda and those interested in
improving their pronunciation and speaking
Sanskrit words and chants with confidence.
(qualifies for 3 CEUs)

FOR DETAILS OR TO PRE REGISTER CONTACT
POONAM GUPTA AT (630) 885-6068